

TTAP Method™ Caregivers Manual

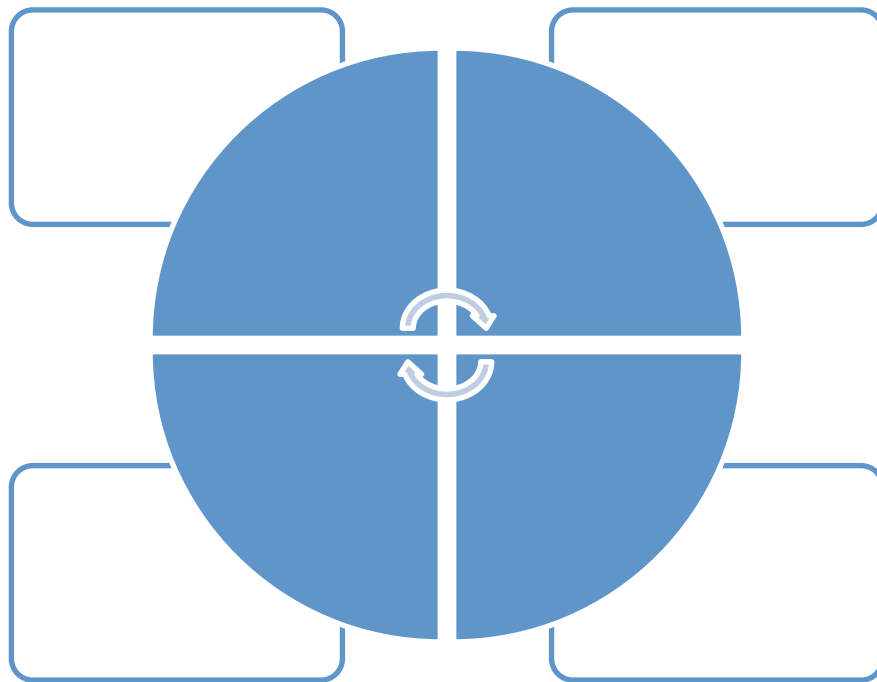
Utilizing Thematic Approach for Optimal Cognitive, Verbal and Social stimulation at home.



**THE 9 STEPS TO ASSIST IN COMMUNICATION, CONNECTION,
DIFFERENTIATE, EXPRESS, RECALL AND SELF EXPRESS
THE 6 STRENGTHS OF ALL STAGES OF ALZHEIMER'S DISEASE
CCDERS APPROACH™**

Step #1

Using graphic charts as discussion



What are some past interests that the person has had over the course of their lives? _____

We can identify those interests by thinking about their lifespan, what did the individual do in their 20's, 30's, 40's 50's 60', 70's, etc.

NOW LIST THOSE INTERESTS:

1.Hobbies: _____

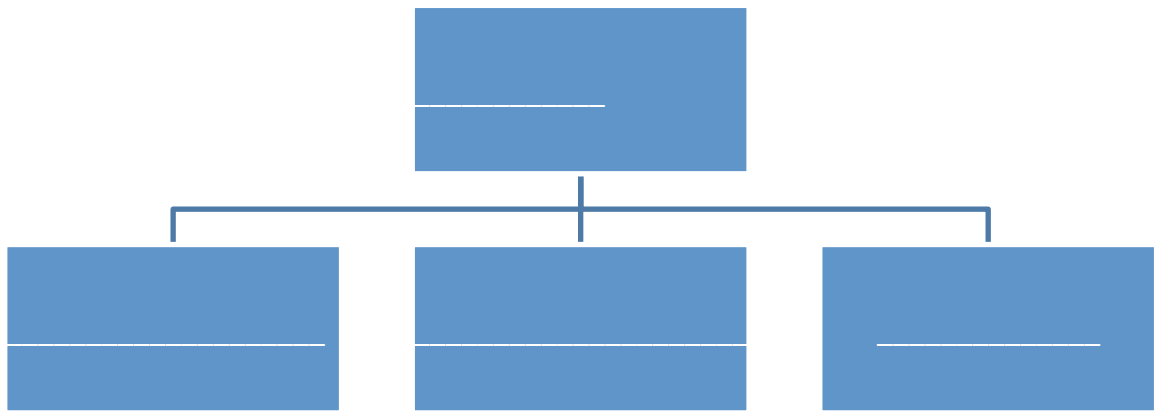
2.Sports
interests: _____

3. Music interest:

4. Cooking Interests:

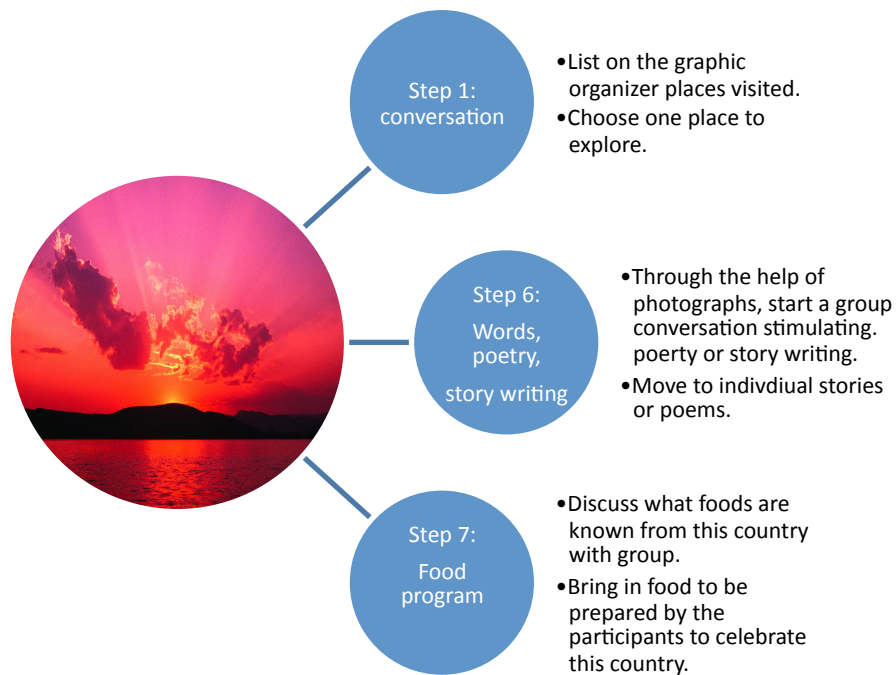
5. Gardening interests:

6. Collectables:



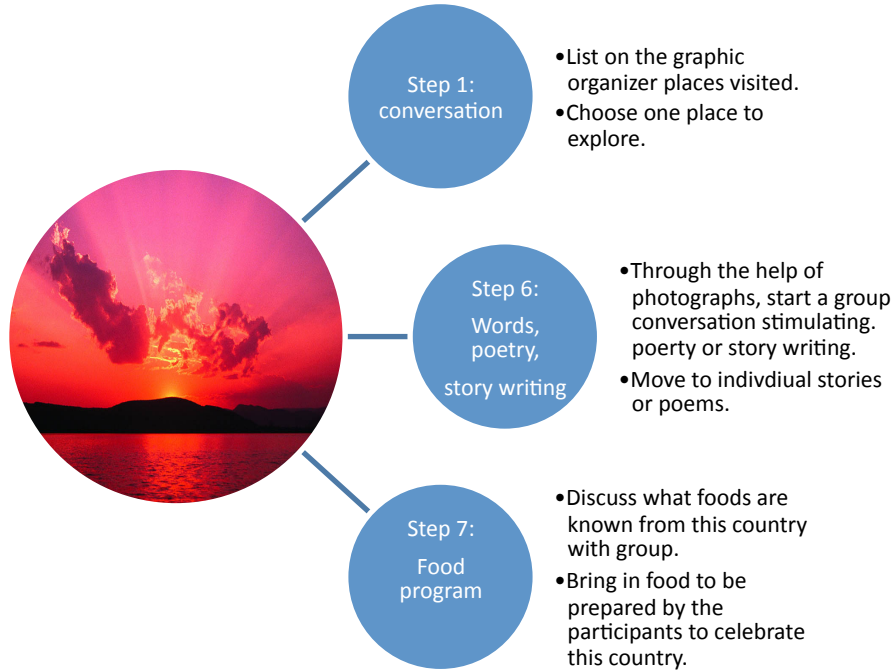
NOW MAKE YOUR PERSON CHART

What is a favorite place comes to mind during Meditation



Step #4

Sculpture and 3D Work



Images from the mind's eye, are very powerful and hold lots of detail. The more someone verbalized the better off the cognition. Start conversation with them?

Music of the 20's

- Try to brainstorm titles.
- List titles

Music of the 30's

- Try to brainstorm titles.
- List titles

Music of the 20's

- Try to brainstorm titles.
- List titles

Music of the 30's

- Try to brainstorm titles.
- List titles

Music of the 40's

- Try to brainstorm titles.
- List titles

Music of the 50's

- Try to brainstorm titles.
- List titles

Step #7 Cooking and Food

Cooking as a theme



WHAT ARE THE FAVORITE FOODS? LIST AND DISCUSS

Step #9 Photographs

